


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	444 Prescott Ave El Cajon, CA 92020 619-444-9470	Carol Bulger's Birthday 1 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🦋 Piano Sing A Long (social distancing) [L] 4:00 🚩 Puzzle Pages [L]	Bonnie Hernandez's Birthday 2 Cynthia Nyblade's Birthday 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:30 🦋 Wii Bowling [G] 6:00 🧑🏠 One Day - Make a Video for Your Family [G]	3 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:00 🦋 Balcony BINGO [C] 6:00 🚩 Puzzle Pages [L]	Mark Reising's Birthday 4 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🚩 Fun with Trivia [C] 3:30 🦋 Wii Bowling [G] 6:00 🧑🏠 One Day - Make a Video for Your Family [G]	5 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🦋 Balcony BINGO [C] 6:00 🚩 Puzzles Pages [L]	
	6 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:00 🧑🏠 One Day - Make a Video for Your Family [G] 6:00 🚩 Puzzle Pages [L]	Labor Day 7 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🚩 Fun With Trivia [C] 2:00 🦋 Piano Sing A Long (social distancing) [L]	8 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🦋 Piano Sing A Long (social distancing) [L] 4:00 🚩 Puzzle Pages [L]	Shirlee Rodriguez's Birthday 9 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:30 🦋 Wii Bowling [G] 6:00 🧑🏠 One Day - Make a Video for Your Family [G]	10 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:00 🦋 Balcony BINGO [C] 6:00 🚩 Puzzle Pages [L]	11 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🚩 Fun with Trivia [C] 3:30 🦋 Wii Bowling [G] 6:00 🧑🏠 One Day - Make a Video for Your Family [G]	Ken Clark's Birthday 12 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🦋 Balcony BINGO [C] 6:00 🚩 Puzzles Pages [L]
	13 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:00 🧑🏠 One Day - Make a Video for Your Family [G] 6:00 🚩 Puzzle Pages [L]	14 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🚩 Fun With Trivia [C] 2:00 🦋 Piano Sing A Long (social distancing) [L]	Helen Mobley's Birthday 15 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🦋 Piano Sing A Long (social distancing) [L] 4:00 🚩 Puzzle Pages [L]	16 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:30 🦋 Wii Bowling [G] 6:00 🧑🏠 One Day - Make a Video for Your Family [G]	17 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:00 🦋 Balcony BINGO [C] 6:00 🚩 Puzzle Pages [L]	18 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🚩 Fun with Trivia [C] 3:30 🦋 Wii Bowling [G] 6:00 🧑🏠 One Day - Make a Video for Your Family [G]	Darlene McCray's Birthday 19 Eileen Gordon's Birthday Ron Athey's Birthday 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🦋 Balcony BINGO [C] 6:00 🚩 Puzzles Pages [L]
	Dolores Villareal's Birthday 20 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:00 🧑🏠 One Day - Make a Video for Your Family [G] 6:00 🚩 Puzzle Pages [L]	21 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🚩 Fun With Trivia [C] 2:00 🦋 Piano Sing A Long (social distancing) [L]	22 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🦋 Piano Sing A Long (social distancing) [L] 4:00 🚩 Puzzle Pages [L]	23 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:30 🦋 Wii Bowling [G] 6:00 🧑🏠 One Day - Make a Video for Your Family [G]	Ray Eastep's Birthday 24 Thomas Southwick's Birthday 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:00 🦋 Balcony BINGO [C] 6:00 🚩 Puzzle Pages [L]	25 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🚩 Fun with Trivia [C] 3:30 🦋 Wii Bowling [G] 6:00 🧑🏠 One Day - Make a Video for Your Family [G]	Pat Kennett's Birthday 26 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🦋 Balcony BINGO [C] 6:00 🚩 Puzzles Pages [L]
	27 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:00 🧑🏠 One Day - Make a Video for Your Family [G] 6:00 🚩 Puzzle Pages [L]	28 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🚩 Fun With Trivia [C] 2:00 🦋 Piano Sing A Long (social distancing) [L]	29 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 2:00 🦋 Piano Sing A Long (social distancing) [L] 4:00 🚩 Puzzle Pages [L]	30 7:00 🚩 Walk Around the Hallways 10:30 🍷 Morning Stretch [C] 3:30 🦋 Wii Bowling [G] 6:00 🧑🏠 One Day - Make a Video for Your Family [G]	Location Keys Courtyard C Garden Room G Lobby L 🚩 Be Challenged 🧑🏠 Be Family 🦋 Be Social 🍷 Be Well		