


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>9:15 ☆ Outings to Local Churches [B]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🚌 Bus: Sunday Outings - To Be Announced [B]</p> <p>4:00 🦋 UNO [T]</p> <p>6:00 🏠 Work on Puzzles [L]</p> <p style="text-align: right;">1</p>	<p>Wear Something on your Head Day</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 ☆ Open Discussion Group with Gary [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Left Right Center [T]</p> <p>4:00 🏠 Chair Balloon Volleyball [G]</p> <p>7:00 🏠 Mexican Train [T]</p> <p style="text-align: right;">2</p>	<p>Doctor Visit Day 9:00am - 2:00pm</p> <p>Presidential Primary Election</p> <p>9:30 ♥ Solstice Block Walk</p> <p>9:30 🏠 Wii Bowling [G]</p> <p>10:00 🦋 Work on Puzzles [T]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Pokeno [T]</p> <p>4:00 🟡 Tuesday Afternoon Bingo [T]</p> <p style="text-align: right;">3</p>	<p>9:00 ☆ Catholic Communion [G]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🏠 Bean Bag Baseball [S]</p> <p>11:00 🟡 Educational "This Week in History" with Bob [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Farkle Dice Game [T]</p> <p>3:00 🏠 Wii Bowling [G]</p> <p>7:00 📺 Mexican Train [T]</p> <p style="text-align: right;">4</p>	<p>Errand Day 9:00am - 2:00pm</p> <p>9:30 ♥ Solstice Block Walk</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>3:00 🟡 Thursday Afternoon Bingo [T]</p> <p>4:00 🏠 Wii Bowling [G]</p> <p>7:00 🦋 Left Right Center [T]</p> <p style="text-align: right;">5</p>	<p>Wear Your Name Tag & Great Call Device</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🦋 Gospel Music Entertainment with Steven & Diane [L]</p> <p>10:00 🟡 Moments in Time - One Day App [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Pokeno [T]</p> <p>3:00 📺 Wii Bowling [G]</p> <p>6:45 ☆ Religious Services w/ Pastor Jim [S]</p> <p style="text-align: right;">6</p>	<p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🏠 Bocce Ball [C]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🏠 Farkle Dice Game [T]</p> <p>3:00 🏠 UNO [T]</p> <p>4:00 🦋 Work on Puzzles [L]</p> <p>6:30 📺 Movie Night & Film Critic Group [G]</p> <p style="text-align: right;">7</p>		
<p>Daylight Saving Time Begins</p> <p>9:15 ☆ Outings to Local Churches [B]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🚌 Bus: Sunday Outings - To Be Announced [B]</p> <p>3:00 🏠 Work on Puzzles [L]</p> <p>4:00 🦋 UNO [T]</p> <p>6:00 🏠 Work on Puzzles [L]</p> <p style="text-align: right;">8</p>	<p>Wear Something on your Wrist Day</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 ☆ Open Discussion Group with Gary [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Left Right Center [T]</p> <p>4:00 🏠 Chair Balloon Volleyball [G]</p> <p>7:00 🏠 Mexican Train [T]</p> <p style="text-align: right;">9</p>	<p>Doctor Visit Day 9:00am - 2:00pm</p> <p>9:30 ♥ Solstice Block Walk</p> <p>9:30 🏠 Wii Bowling [G]</p> <p>11:00 ♥ Discussion - Guidance in the Journey of Grief [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Pokeno [T]</p> <p>4:00 🟡 Tuesday Afternoon Bingo [T]</p> <p style="text-align: right;">10</p>	<p>9:00 ☆ Catholic Communion [G]</p> <p>9:30 ♥ Dietsch's Hearing Aid Center [T]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🏠 Bean Bag Baseball [S]</p> <p>11:00 🟡 Educational "This Week in History" with Bob [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Farkle Dice Game [T]</p> <p>3:00 🏠 Wii Bowling [G]</p> <p>7:00 📺 Mexican Train [T]</p> <p style="text-align: right;">11</p>	<p>Errand Day 9:00am - 2:00pm</p> <p>9:30 ♥ Solstice Block Walk</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>3:00 🟡 Thursday Afternoon Bingo [T]</p> <p>4:00 🏠 Wii Bowling [G]</p> <p>7:00 🦋 Left Right Center [T]</p> <p style="text-align: right;">12</p>	<p>Wear Your Name Tag & Great Call Device</p> <p>9:00 ♥ Fitness with Robert [G]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🟡 Moments in Time - One Day App [G]</p> <p>10:30 🟡 Ambassador Club Meeting [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Pokeno [T]</p> <p>3:00 📺 Wii Bowling [G]</p> <p>6:45 ☆ Religious Services w/ Pastor Josh [S]</p> <p style="text-align: right;">13</p>	<p>Shirley Graham's Birthday</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🏠 Bocce Ball [C]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🏠 Farkle Dice Game [T]</p> <p>3:00 🏠 UNO [T]</p> <p>4:00 🦋 Work on Puzzles [L]</p> <p>6:30 📺 Movie Night & Film Critic Group [G]</p> <p style="text-align: right;">14</p>		
<p>9:15 ☆ Outings to Local Churches [B]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🚌 Bus: Sunday Outings - To Be Announced [B]</p> <p>4:00 🦋 UNO [T]</p> <p>6:00 🏠 Work on Puzzles [L]</p> <p style="text-align: right;">15</p>	<p>Alice Lisi</p> <p>Wear Something Yellow Day</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 ☆ Open Discussion Group with Gary [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Left Right Center [T]</p> <p>4:00 🏠 Chair Balloon Volleyball [G]</p> <p>7:00 🏠 Mexican Train [T]</p> <p style="text-align: right;">16</p>	<p>Doctor Visit Day 9:00am - 2:00pm</p> <p>St. Patrick's Day</p> <p>9:30 ♥ Solstice Block Walk</p> <p>9:30 🏠 Wii Bowling [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Pokeno [T]</p> <p>3:00 🦋 St. Patrick's Irish Dancers [D]</p> <p>4:00 🟡 Tuesday Afternoon Bingo [T]</p> <p style="text-align: right;">17</p>	<p>9:00 ☆ Catholic Communion [G]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🏠 Bean Bag Baseball [S]</p> <p>10:30 🟡 Chat with the Manager [G]</p> <p>11:00 🟡 Educational "This Week in History" with Bob [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 ♥ Blue Shield Promise - Information, Benefits & BINGO [T]</p> <p>3:00 🏠 Wii Bowling [G]</p> <p>7:00 📺 Mexican Train [T]</p> <p style="text-align: right;">18</p>	<p>Errand Day 9:00am - 2:00pm</p> <p>9:30 ♥ Solstice Block Walk</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>1:45 🟡 Food for Thought [G]</p> <p>3:00 🟡 Thursday Afternoon Bingo [T]</p> <p>4:00 🏠 Work on Puzzles [L]</p> <p>7:00 🦋 Left Right Center [T]</p> <p style="text-align: right;">19</p>	<p>Wear Your Name Tag & Great Call Device</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🟡 Moments in Time - One Day App [G]</p> <p>10:30 ♥ Information on Funeral Ins. Grandchild & Pet Protection [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Pokeno [T]</p> <p>3:00 📺 Wii Bowling [G]</p> <p>6:45 ☆ Religious Services w/ Pastor Kurt [S]</p> <p style="text-align: right;">20</p>	<p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🏠 Bocce Ball [C]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🏠 Farkle Dice Game [T]</p> <p>2:30 🦋 Raffle Day [L]</p> <p>3:00 🏠 UNO [T]</p> <p>4:00 🦋 Work on Puzzles [L]</p> <p>6:30 📺 Movie Night & Film Critic Group [G]</p> <p style="text-align: right;">21</p>		
<p>Margaret McLaughlin's Birthday</p> <p>9:15 ☆ Outings to Local Churches [B]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🚌 Bus: Sunday Outings - To Be Announced [B]</p> <p>3:00 🏠 Work on Puzzles [L]</p> <p>4:00 🦋 UNO [T]</p> <p>6:00 🏠 Work on Puzzles [L]</p> <p style="text-align: right;">22</p>	<p>Wear Something Round or with a Circle Day</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 ☆ Open Discussion Group with Gary [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Left Right Center [T]</p> <p>4:00 🏠 Chair Balloon Volleyball [G]</p> <p>7:00 🏠 Mexican Train [T]</p> <p style="text-align: right;">23</p>	<p>Doctor Visit Day 9:00am - 2:00pm</p> <p>9:30 ♥ Solstice Block Walk</p> <p>9:30 🏠 Wii Bowling [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Pokeno [T]</p> <p>4:00 🟡 Tuesday Afternoon Bingo [T]</p> <p style="text-align: right;">24</p>	<p>9:00 ☆ Catholic Communion [G]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🏠 Bean Bag Baseball [S]</p> <p>11:00 🟡 Educational "This Week in History" with Bob [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>1:30 ♥ Pacific Point - Information on Fall Risk [G]</p> <p>2:00 🦋 Farkle Dice Game [T]</p> <p>3:00 🏠 Wii Bowling [G]</p> <p>7:00 📺 Mexican Train [T]</p> <p style="text-align: right;">25</p>	<p>Errand Day 9:00am - 2:00pm</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:30 ♥ Information on Funeral Ins. Grandchild & Pet Protection [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🟡 Meet & Greet New Residents [G]</p> <p>3:00 🟡 Thursday Afternoon Bingo [T]</p> <p>4:00 🏠 Work on Puzzles [L]</p> <p>7:00 🦋 Left Right Center [T]</p> <p style="text-align: right;">26</p>	<p>Wear Your Name Tag & Great Call Device</p> <p>9:00 ♥ Fitness with Robert [G]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🟡 Moments in Time - One Day App [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Pokeno [T]</p> <p>3:00 📺 Wii Bowling [G]</p> <p>6:45 ☆ Religious Services w/ Pastor Josh [S]</p> <p style="text-align: right;">27</p>	<p>9:00 🦋 Craft Show [L]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 🏠 Bocce Ball [C]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🏠 Farkle Dice Game [T]</p> <p>3:00 🏠 UNO [T]</p> <p>4:00 🦋 Work on Puzzles [L]</p> <p>6:30 📺 Movie Night & Film Critic Group [G]</p> <p style="text-align: right;">28</p>		
<p>9:15 ☆ Outings to Local Churches [B]</p> <p>9:30 ♥ Solstice Block Walk</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🚌 Bus: Sunday Outings - To Be Announced [B]</p> <p>4:00 🦋 UNO [T]</p> <p>6:00 🏠 Work on Puzzles [L]</p> <p style="text-align: right;">29</p>	<p>Wear Something Tan or Beige Day</p> <p>9:30 ♥ Solstice Block Walk</p> <p>10:00 ☆ Open Discussion Group with Gary [G]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Left Right Center [T]</p> <p>4:00 🏠 Chair Balloon Volleyball [G]</p> <p>7:00 🏠 Mexican Train [T]</p> <p style="text-align: right;">30</p>	<p>Doctor Visit Day 9:00am - 2:00pm</p> <p>Elizabeth Hunsberger's Birthday</p> <p>Susan Mason's Birthday</p> <p>9:30 ♥ Solstice Block Walk</p> <p>9:30 🏠 Wii Bowling [G]</p> <p>10:00 🦋 Avon with Lana [L]</p> <p>12:00 ☆ Lunch Sing-A-Long [D]</p> <p>1:30 🦋 After Lunch Bunch - Social Time [C]</p> <p>2:00 🦋 Pokeno [T]</p> <p>4:00 🟡 Tuesday Afternoon Bingo [T]</p> <p style="text-align: right;">31</p>	 <p>444 Prescott Ave El Cajon, CA 92020 619-444-9470</p>			<p>Location Keys</p> <p>Bus B</p> <p>Courtyard C</p> <p>Dining Room D</p> <p>Garden Room G</p> <p>Lobby L</p> <p>Second Floor S</p> <p>Third Floor T</p>		<p>📺 Be Adventurous</p> <p>🏠 Be Challenged</p> <p>🟡 Be Connected</p> <p>☆ Be Inspired</p> <p>🦋 Be Social</p> <p>♥ Be Well</p>