


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>444 Prescott Ave El Cajon, CA 92020 619-444-9470</p>	<p>Location Keys</p> <p>Bus B Courtyard C Dining Room D Garden Room G Lobby L Second Floor S Third Floor T</p>	<p>Evelyn Reed's Birthday Lee Williams' Birthday New Year's Day</p> <p>9:00 ★ Catholic Communion [G] 9:15 ♥ Solstice Block Walk 10:00 🗡 Educational "This Week in History" with Bob [G] 12:00 ★ Lunch Sing-A-Long [D] 1:45 🦋 Farkle Dice Game [T] 3:00 🎱 Wii Bowling [G] 7:00 📺 Mexican Train [T]</p>	<p>1</p> <p>Errand Day 9:00am - 2:00pm</p> <p>9:15 ♥ Solstice Block Walk 11:00 🎱 Bean Bag Baseball [S] 12:00 ★ Lunch Sing-A-Long [D] 2:30 🗡 Thursday Afternoon Bingo [T] 3:00 🎱 Wii Bowling [G] 7:00 🦋 Left Right Center [T]</p>	<p>2</p> <p>Tony Bement's Birthday Wear Your Name Tag & Great Call Device</p> <p>9:15 ♥ Solstice Block Walk 9:30 🎱 Wii Games [G] 10:00 🗡 Gospel Music with Steve and Diane [L] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Pokeno [T] 2:30 🗡 Fitness w/ Robert [G] 3:00 📺 Wii Bowling [G] 6:45 ★ Religious Services w/ Pastor Jim [S]</p>	<p>3</p> <p>9:15 ♥ Solstice Block Walk 10:00 🎱 Bocce Ball [C] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🎱 UNO [T] 3:00 🎱 Farkle Dice Game [T] 4:00 🦋 Work on Puzzles [L] 6:30 📺 Movie Night & Film Critic Group [G]</p>	<p>4</p>	
<p>9:15 ★ Outings to Local Churches [B] 9:15 ♥ Solstice Block Walk 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Bus: Sunday Outings - To Be Announced [B] 3:00 🎱 Work on Puzzles [L] 4:00 🦋 UNO [T]</p>	<p>5</p> <p>Wear Two Different Shoes Day</p> <p>9:15 ♥ Solstice Block Walk 9:30 ♥ Therapeutic Movement [S] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Left Right Center [T] 4:00 🦋 Work on Puzzles 7:00 🎱 Mexican Train [T]</p>	<p>6</p> <p>Doctor Visit Day 9:00am - 2:00pm</p> <p>Doreen Marchuk's Birthday</p> <p>9:15 ♥ Solstice Block Walk 9:30 🎱 Wii Bowling [G] 11:00 ♥ Presentation on Last Chance Medicare Plans [G] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Pokeno [T] 3:15 🗡 Tuesday Afternoon Bingo [T]</p>	<p>7</p> <p>Clarissa Wermer's Birthday Ramsey Behnam's Birthday</p> <p>9:00 ★ Catholic Communion [G] 9:15 ♥ Solstice Block Walk 9:30 ♥ Hearing Aid Center [T] 10:00 🗡 Educational "This Week in History" with Bob [G] 11:00 🗡 Connect Hearing [G] 12:00 ★ Lunch Sing-A-Long [D] 1:45 🦋 Farkle Dice Game [T] 3:00 🎱 Wii Bowling [G] 7:00 📺 Mexican Train [T]</p>	<p>8</p> <p>Errand Day 9:00am - 2:00pm</p> <p>Jeannie Tyler's Birthday</p> <p>9:15 ♥ Solstice Block Walk 11:00 🎱 Bean Bag Baseball [S] 12:00 ★ Lunch Sing-A-Long [D] 2:30 🗡 Thursday Afternoon Bingo [T] 3:00 🎱 Wii Bowling [G] 7:00 🦋 Left Right Center [T]</p>	<p>9</p> <p>Wear Your Name Tag & Great Call Device</p> <p>9:15 ♥ Solstice Block Walk 9:30 🎱 Wii Games [G] 10:30 🗡 Ambassador Club Meeting [G] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Pokeno [T] 3:00 📺 Wii Bowling [G] 6:45 ★ Religious Services w/ Pastor Josh [S]</p>	<p>10</p> <p>9:15 ♥ Solstice Block Walk 10:00 🎱 Bocce Ball [C] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🎱 UNO [T] 3:00 🎱 Farkle Dice Game [T] 4:00 🦋 Work on Puzzles [L] 6:30 📺 Movie Night & Film Critic Group [G]</p>	<p>11</p>
<p>9:15 ★ Outings to Local Churches [B] 9:15 ♥ Solstice Block Walk 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Bus: Sunday Outings - To Be Announced [B] 3:00 🎱 Work on Puzzles [L] 4:00 🦋 UNO [T]</p>	<p>12</p> <p>Wear Something Red Day</p> <p>9:15 ♥ Solstice Block Walk 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Left Right Center [T] 4:00 🦋 Work on Puzzles 7:00 🎱 Mexican Train [T]</p>	<p>13</p> <p>Doctor Visit Day 9:00am - 2:00pm</p> <p>9:15 ♥ Solstice Block Walk 9:30 🎱 Wii Bowling [G] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Pokeno [T] 3:15 🗡 Tuesday Afternoon Bingo [T]</p>	<p>14</p> <p>9:00 ★ Catholic Communion [G] 9:15 ♥ Solstice Block Walk 10:00 🗡 Educational "This Week in History" with Bob [G] 10:30 🗡 Chat with the Manager [G] 12:00 ★ Lunch Sing-A-Long [D] 1:45 🦋 Farkle Dice Game [T] 3:00 🎱 Wii Bowling [G] 7:00 📺 Mexican Train [T]</p>	<p>15</p> <p>Errand Day 9:00am - 2:00pm</p> <p>Ross Craven's Birthday</p> <p>9:15 ♥ Solstice Block Walk 11:00 🎱 Bean Bag Baseball [S] 11:30 🗡 Palliative Care - Questions and Answers [G] 12:00 ★ Lunch Sing-A-Long [D] 1:45 🗡 Food for Thought [G] 2:30 🗡 Thursday Afternoon Bingo [T] 3:00 🎱 Wii Bowling [G] 7:00 🦋 Left Right Center [T]</p>	<p>16</p> <p>Wear Your Name Tag & Great Call Device</p> <p>9:15 ♥ Solstice Block Walk 9:30 🎱 Wii Games [G] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Pokeno [T] 2:30 ♥ Fitness w/ Robert [G] 3:00 📺 Wii Bowling [G] 6:45 ★ Religious Services w/ Pastor Kurt [S]</p>	<p>17</p> <p>9:15 ♥ Solstice Block Walk 10:00 🎱 Bocce Ball [C] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🎱 UNO [T] 3:00 🎱 Farkle Dice Game [T] 4:00 🦋 Work on Puzzles [L] 6:30 📺 Movie Night & Film Critic Group [G]</p>	<p>18</p>
<p>9:15 ★ Outings to Local Churches [B] 9:15 ♥ Solstice Block Walk 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Bus: Sunday Outings - To Be Announced [B] 3:00 🎱 Work on Puzzles [L] 4:00 🦋 UNO [T]</p>	<p>19</p> <p>Gordon Dally's Birthday Martin Luther King, Jr. Day Wear Something on your Wrist Day</p> <p>9:15 ♥ Solstice Block Walk 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Left Right Center [T] 4:00 🦋 Work on Puzzles 7:00 🎱 Mexican Train [T]</p>	<p>20</p> <p>Doctor Visit Day 9:00am - 2:00pm</p> <p>9:15 ♥ Solstice Block Walk 9:30 🎱 Wii Bowling [G] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Pokeno [T] 3:15 🗡 Tuesday Afternoon Bingo [T]</p>	<p>21</p> <p>9:00 ★ Catholic Communion [G] 9:15 ♥ Solstice Block Walk 10:00 🗡 Educational "This Week in History" with Bob [G] 12:00 ★ Lunch Sing-A-Long [D] 2:30 🗡 Meet and Greet New Residents [G] 7:00 📺 Mexican Train [T]</p>	<p>22</p> <p>Errand Day 9:00am - 2:00pm</p> <p>9:15 ♥ Solstice Block Walk 11:00 🎱 Bean Bag Baseball [S] 12:00 ★ Lunch Sing-A-Long [D] 2:30 🗡 Thursday Afternoon Bingo [T] 3:00 🎱 Wii Bowling [G] 7:00 🦋 Left Right Center [T]</p>	<p>23</p> <p>Wear Your Name Tag & Great Call Device</p> <p>9:15 ♥ Solstice Block Walk 9:30 🎱 Wii Games [G] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Pokeno [T] 3:00 📺 Wii Bowling [G] 6:45 ★ Religious Services w/ Pastor Josh [S]</p>	<p>24</p> <p>9:15 ♥ Solstice Block Walk 10:00 🎱 Bocce Ball [C] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🎱 UNO [T] 3:00 🎱 Farkle Dice Game [T] 4:00 🦋 Work on Puzzles [L] 6:30 📺 Movie Night & Film Critic Group [G]</p>	<p>25</p>
<p>9:15 ★ Outings to Local Churches [B] 9:15 ♥ Solstice Block Walk 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Bus: Sunday Outings - To Be Announced [B] 3:00 🎱 Work on Puzzles [L] 4:00 🦋 UNO [T]</p>	<p>26</p> <p>Wear Stripes Day</p> <p>9:15 ♥ Solstice Block Walk 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Left Right Center [T] 4:00 🦋 Work on Puzzles 7:00 🎱 Mexican Train [T]</p>	<p>27</p> <p>Doctor Visit Day 9:00am - 2:00pm</p> <p>9:15 ♥ Solstice Block Walk 9:30 🎱 Wii Bowling [G] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Pokeno [T] 3:15 🗡 Tuesday Afternoon Bingo [T]</p>	<p>28</p> <p>9:00 ★ Catholic Communion [G] 9:15 ♥ Solstice Block Walk 10:00 🗡 Educational "This Week in History" with Bob [G] 12:00 ★ Lunch Sing-A-Long [D] 1:45 🦋 Farkle Dice Game [T] 3:00 🎱 Wii Bowling [G] 7:00 📺 Mexican Train [T]</p>	<p>29</p> <p>Errand Day 9:00am - 2:00pm</p> <p>9:15 ♥ Solstice Block Walk 11:00 🎱 Bean Bag Baseball [S] 12:00 ★ Lunch Sing-A-Long [D] 2:30 🗡 Thursday Afternoon Bingo [T] 3:00 🎱 Wii Bowling [G] 7:00 🦋 Left Right Center [T]</p>	<p>30</p> <p>Wear Your Name Tag & Great Call Device</p> <p>9:15 ♥ Solstice Block Walk 9:30 🎱 Wii Games [G] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🦋 Pokeno [T] 3:00 📺 Wii Bowling [G] 6:45 ★ Religious Services w/ Pastor Josh [S]</p>	<p>31</p> <p>9:15 ♥ Solstice Block Walk 10:00 🎱 Bocce Ball [C] 12:00 ★ Lunch Sing-A-Long [D] 2:00 🎱 UNO [T] 3:00 🎱 Farkle Dice Game [T] 4:00 🦋 Work on Puzzles [L] 6:30 📺 Movie Night & Film Critic Group [G]</p>	<p>32</p> <p>📺 Be Adventurous 🎱 Be Challenged 🗡 Be Connected ★ Be Inspired 🦋 Be Social ♥ Be Well</p>